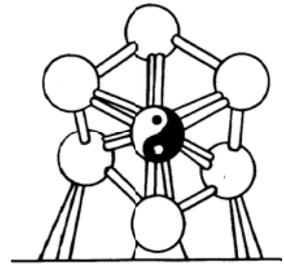


Case Logs

BEVAS 2017 - 2018

Name: Diana Bartolo



BEVAS

Case 1

PATIENT:	Flag, dog, Teckel, Male, 8 years old, 11kg
DATE OF INITIAL PRESENTATION:	6/12/2017
HISTORY:	Dog without clinical problems prior to presentation
SIGNS/SYMPTOMS:	Stabbing neck pain with difficulty in raising the head and loss of proprioception of the right front limb. No other abnormalities in the physical and neuro exam. Local bladder Meridien points sensible. Shu and Mu Points of kidney were also sensible
WESTERN DIAGNOSTICS:	Owner refused a scanner.
WESTERN DIAGNOSIS:	Suspicion of canine intervertebral disk disease class II
TCM DIAGNOSIS:	Blood stagnation due to Kidney deficiency Jing (condrodystrophic breed)
TREATMENT PRINCIPLE:	Treat the local stagnation
TREATMENT GOALS:	Relieve the pain and help recovering neurological function
PRESCRIPTION – POINTS USED AND WHY:	Local Bladder points: Bl 10 - local point for cervical disk Bl 11 - Influential point for Bone, act as a good distal point for cervical disks Gv 14 - crossing point of the Six Yang Channels Lv 3 - To relieve stagnation
ADVICE GIVEN:	Cage rest and meloxicam sid
FOLLOW-UP:	8/12/2017 Presence of the proprioception in the four limbs, almost no pain. Treatment: Bl10, Bl11, Lv 3 26/1/2018 Neurological examen normal and no neck pain I have seen Flag in September and he was ok.

REFLECTION ON EXPERIENCE:	I treated the pain but I didn't treat the underlying pattern (Kidney Jing Deficiency)
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Case 2

PATIENT:	Yuki, 5 years old female neutered cat
DATE OF INITIAL PRESENTATION:	8/12/2017
HISTORY:	One week history of traumatic luxation between sacrum-c1 with bladder atony (distended easily expressed bladder) and urinary incontinence
SIGNS/SYMPTOMS:	Aggressive cat (wood character). Stabbing pain between sacrum an C3. Proprioception in four limbs. Loss of vulvar sensibility. Shu and Mu of spleen Shu and Mu of Liver Shu and Mu of Bladder Shu of LI (but diagnosed with blocked L5-L6 and L6-L7 vertebrae by an osteopath after trauma)
WESTERN DIAGNOSTICS:	None performed, diagnosed on clinical signs and palpation
WESTERN DIAGNOSIS:	LMN sacral spinal cord lesion
TCM DIAGNOSIS:	Bi syndrome with obstruction of Qi and blood with Liver Qi Stagnation and Bladder Qi stagnation
TREATMENT PRINCIPLE:	Dispersing the Qi and Blood stagnation, invigorating the channels
TREATMENT GOALS:	Treat pain and solve the bladder atony
PRESCRIPTION – POINTS USED AND WHY:	Bladder 28 - as a local point of the sacrum and She point of the bladder, regulates water passages of the lower Jiao Liver 3 - as a distal point and also to solve the liver qi stagnation GB39 - as a distal point and also the as a influential point of marrow Wei Jian - moves Qi and Blood stagnation along the spine VG20 - Meeting point for all Yang channels, calms the mind, benefits The spleen function of raising Qi Spleen 6 - resolves damp, invigorates blood, harmonizes the Lower Jiao Transfixation CV3 - CV4: CV3 - Mu point of bladder. Meeting point for 3 Yin channels (Lv, Kd, Sp) CV4 - Benefits the kidney function of dominating the water. Nourishes Blood, Yin and Qi metabolism. Restores Yang.
ADVICE GIVEN:	Bladder expressed two times a day and meloxicam Sid

FOLLOW-UP:	<p>I have seen Yuki once a week for 6 weeks:</p> <ul style="list-style-type: none"> - One week later Yuki was less painful but she had kidney shu sensible and she was scared. I interpreted it as a Kidney Qi deficiency and had Kd 3 to the treatment. - 3 weeks later she started to go to the toilet and she had sphincter sensibility but was showing signs of dysuria and hematuria and was diagnosed with an urinary infection (damp heat due to stagnation) and was treated with antibiotics and I had BI 40 to treatment (eliminates heat and master point of caudal back), stopped GB 39, VG 20. - 4 weeks later Yuki was going to the toilet and rarely had urine losses. - 6 weeks later she was not incontinent anymore
REFLECTION ON EXPERIENCE:	Yuki improved after each treatment, but she tolerated each time less the needles. I don't know if she would have progressed as fast without acupuncture.

Case 3

PATIENT:	Mallow, neutered male cat, 3 yo
DATE OF INITIAL PRESENTATION:	6/04/2018
HISTORY:	<p>Indoors cat adopted when he was 2 months old. Started to attack his owner after her divorce some months before the acupuncture treatment. Almost doesn't play anymore.</p> <p>Owner is quite stressed and anxious.</p>
SIGNS/SYMPTOMS:	<p>Easy to manipulate cat. Clinical and neurological examen were normal. Tongue was pink, slightly red on the lateral boarder.</p> <p>SHU of Kidney and Liver</p> <p>Any MU point sensible. I felt heat when I touched him.</p>
WESTERN DIAGNOSTICS:	None performed
WESTERN DIAGNOSIS:	Redirected aggression, triggered by the noise of the arguments or the stress of the owner?
TCM DIAGNOSIS:	Fear and frustration damaging the kidneys capacity of cooling the system and causing a liver Qi stagnation that turns into fire, causing liver fire.
TREATMENT PRINCIPLE:	Expel the fire and cool the mind.
TREATMENT GOALS:	Stop the aggression
PRESCRIPTION – POINTS USED AND WHY:	<p>Liver 2 - clears liver fire</p> <p>Stomach 44 - clears heat and calms the mind</p> <p>Kidney 6 - Nourishes Yin, cools blood and calms the mind</p> <p>GV 20 - calms the mind, clears and stimulates the spirit.</p>
ADVICE GIVEN:	Play at least 30 minutes per day with the cat. Fleurs de Bach Rescue twice a day and Ravintsara essential oil in Pc 6 if she finds him stressed.

FOLLOW-UP:	<p>I have seen Mallow one week later. He was calmer at home and playing more, but he was hiding under the bed often. He hadn't attacked his owner. He didn't like the Ravintsara Oil.</p> <p>12/4/20018 - I felt less heat when I touched Mallow. I haven't noted any more information on the examination (probably no back SHU or Mu)</p> <p>I treated him with Liver 3 - to promote the smooth flow of Qi and to calm the spirit. LI 11 - dispels heat Kd6, VG20</p> <p>Two weeks later I had news from Mallow: he hadn't attacked anymore but was still hiding under the bed although less often.</p> <p>I have vaccinated Mallow in September and he was having a normal behavior at home, hadn't attacked anymore his owner and was not taking the Fleurs de Bach anymore.</p>
REFLECTION ON EXPERIENCE:	I was surprised with the results of the treatment. It was my first case of redirected aggression where I didn't prescribed fluoxetine.

Case 4

PATIENT:	Icare, Staffordshire Bull Terrier dog, male, 5 years
DATE OF INITIAL PRESENTATION:	5/01/2018
HISTORY:	Two weeks old diarrhea and vomiting, that started after eating chocolate, not responding to classical treatment with probiotics and cauline.
SIGNS/SYMPTOMS:	<p>Clinical examen normal, just a slight cranial abdominal discomfort. Loss of lumbar muscle without lumbar pain. Neurological examen normal.</p> <p>Earth type dog. Not looking for warm places.</p> <p>Sensibility: SHU and Mu Liver SHU and Mu Spleen GB 29 and 30 MU stomach</p>
WESTERN DIAGNOSTICS:	CBC - elevation of the neutrophils, biochemistry panel normal.
WESTERN DIAGNOSIS:	Enteritis with SIBO, secondary to dietary indescription.
TCM DIAGNOSIS:	Damp heat invading the spleen with a consequent spleen Qi deficiency and liver Qi stagnation.

TREATMENT PRINCIPLE:	Tonify the spleen
TREATMENT GOALS:	Stop the diarrhea
PRESCRIPTION – POINTS USED AND WHY:	Liver 3 - calms liver excess, regulates the lower burner. GB 34 - removes channel obstruction, supports the smooth flow of liver Qi, calms rebellious Qi, indicated for atrophied muscle St 36 - supports spleen's functions of transportation and transformation, supplements Qi, normalizes the down-leading function of the stomach. Sp 6 - meeting point of liver, spleen and kidney; master point of the lower abdomen, normalizes the speed function of transformation and transportation, transforms dampness and heat
ADVICE GIVEN:	Gastrointestinal canned food, probiotics, metronidazole
FOLLOW-UP:	Diarrhea was resolved after a few days. Owners were not willing to continue treatments for lumbar problems as the dog was showing no signs.
REFLECTION ON EXPERIENCE:	This case was interesting specially for the Chinese diagnosis that relates all the symptoms.

Case 5

PATIENT:	Ushas, Female sterilized dog, West Highland White Terrier, 14 years
DATE OF INITIAL PRESENTATION:	18/10/2017
HISTORY:	Diagnosed with diabetes in mars 2017. Was never stabilized: was doing hypoglycemia with secondary Somogyi effect or hyperglycemia if she didn't had enough insulin. Changed insulin in August without any improvement. Tested negative to Cushing. Diagnosed with a keratoconjunctivitis sicca (KCS) in August.
SIGNS/SYMPTOMS:	Weight loss with muscle loss, weakness of the hind limbs, strong foul mouth smell with periodontal disease 3/4, good appetite. Agitated dog. Dry eyes with cataracts. Empty sensation in back shu points. Pulse empty and rapid.
WESTERN DIAGNOSTICS:	18/10/2018 Glycemia at 8.30h was 425 mg/dL and at 15h was 400mg/dL. Rising Urea blood levels.

WESTERN DIAGNOSIS:	Uncontrolled diabetes with Chronic Renal Deficiency stage 1/4 (IRIS); KCS
TCM DIAGNOSIS:	Kidney Yin and Liver Yin deficiency with empty heat signs
TREATMENT PRINCIPLE:	Nourish the yin.
TREATMENT GOALS:	Stabilize blood glucose levels, weight gain, help kcs, strengthen the hind legs
PRESCRIPTION – POINTS USED AND WHY:	Spleen 6 - meeting point of the 3 yins of the leg, nourishes the yin, calms the spirit, helps in problems of the lower back Kidney 6 - best point for nourishing kidney Yin, causes the Yin Qiao Mai to bring yin energy to the eyes, calms the spirit Gall bladder 37 - supports the eyes, draws fire downwards Stomach 36 - supports the spleen, nourishes yin, strengthens hind leg Yao-bai-hui - Tonifies kidneys, lifts the hind limbs
ADVICE GIVEN:	Augmentation of the insulin dose from 3UI to 4UI bid. Stimulate water consumption (giving humidified food, give meat broth). Continue eye treatments.
FOLLOW-UP:	Ushas has come for a control almost one month after. 15/11/2017 - Ushas had gained 550gr. At 15h her blood glucose was 200g/dL. I have redone an acupuncture treatment with Spleen 6, Kidney 6, Yao-ba-hui and GV 20 (for anxiousness). Ushas kept stable till November 2018, with a control every 3 months (glucose and kidney levels ok). Last control in November 2018 she had lost weight again and her blood glucose levels were rising, so I have redone an acupuncture session.
REFLECTION ON EXPERIENCE:	A lot of things helped in this case. I don't know what was the amount of help acupuncture gave to stabilize Ushas. About the GB 37: I have noted this point in the clinical file, but I don't know if I have placed it correctly,

Case 6

PATIENT:	Pepsi, male dog, Labrador Retriever, 8 years old
DATE OF INITIAL PRESENTATION:	8/11/2017
HISTORY:	Atopic dog treated chronically with Apoquel. Eats hypoallergenic dry food and some extras. Has been treated for a recurring hotspot in the neck with antibiotics and topical ointments with cortisone for one month and a half.

SIGNS/SYMPTOMS:	Obese dog. Mainly earth type dog. Nodular inflammation of the dermis with fistulas and a yellow exudate on the neck over the GB meridian. Pododermatitis. SHU and MU of liver, gall bladder, spleen, stomach.
WESTERN DIAGNOSTICS:	Bacterial culture was negative.
WESTERN DIAGNOSIS:	Sterile pyogranuloma
TCM DIAGNOSIS:	Damp heat accumulation du to spleen Qi deficiency with Qi stagnation
TREATMENT PRINCIPLE:	Eliminate damp heat and Qi stagnation. Stimulate the spleen.
TREATMENT GOALS:	Treat the pyogranuloma
PRESCRIPTION – POINTS USED AND WHY:	Liver 3 - source point, dispels internal wind, nourishes liver blood, promotes smooth flow of liver Qi. When I took out the needle a dark blood drop came out. TH5 - dispels wind-heat, St 40 - transforms and resolves dampness, clears heat. Spleen 6 - normalizes the spleen's function of transportation and transformation, transforms dampness and heat as well as phlegm and phlegm heat GB 34 - removes channel obstructions, resolves damp heat in gallbladder and liver, harmonizes shao yang LI 11 - dispels wind and heat everywhere in the body, draws out dampness, relieves itching. Circle the dragon technic.
ADVICE GIVEN:	Stop giving extras, specially milk products. Hepatic support with desmodium and curcuma
FOLLOW-UP:	Two more acupuncture session were done: 20/11/2018 - lesion was smaller Lv 3, SP 6, St 40, and circle the dragon technic. Spleen 9 was added - normalizes the spleen's function of transportation and transformation, eliminates dampness, transforms and draws out phlegm and phlegm heat. 29/11/2018 - Pepsi had lost 3 kg. Had almost no nodule. I have done the same points as before. Pepsi was well till 14/03/2018. In this day he had again a granuloma and otitis. He had gained weight again. Probably his owner had restarted to give him extras. The acupuncture treatment was repeated.
REFLECTION ON EXPERIENCE:	I think there might be a kidney deficiency that I didn't addressed. Although it wasn't the only treatment, acupuncture was helpful to stabilize this dogs skin problems.

Case 7

PATIENT:	Flam, Birman male castrated cat, 8 years old
DATE OF INITIAL PRESENTATION:	03/05/2018
HISTORY:	Flam was first presented on the 24/04/2018 with dysuria and hematuria, and diagnosed with cystitis due to urolithiasis and secondary renal injury with azotemia. As he failed to respond to the medical treatment he was submitted to surgery, on the 30th April, for the extraction of 16 calcium oxalate stones. He went home on the 2nd may medicated with buprenorphine and meloxicam.
SIGNS/SYMPTOMS:	Flam had not urinated for the last 18 hours. He had severe stranguria and dysuria, going constantly to the toilet but was failing to urinate. He had drunk and he had eaten. He was hiding and being aggressive. Painful small bladder. Scanty urine. Bladder Meridien sensible.
WESTERN DIAGNOSTICS:	Blood analyses were normal.
WESTERN DIAGNOSIS:	Painful spasmodic uretra secondary to urolithiasis and surgery.
TCM DIAGNOSIS:	Damp-heat in the bladder and blood stasis.
TREATMENT PRINCIPLE:	Eliminate damp heat in bladder. Treat the qi stagnation.
TREATMENT GOALS:	Treat pain and spasm so he can urinate at home.
PRESCRIPTION – POINTS USED AND WHY:	Sp 9 - eliminates dampness, transforms and draws out phlegm and phlegm heat, specially in the lower burner. Transfixing CV 3 to CV4: CV 3 - alarm point of the bladder, draws out damp heat, supports the bladder, removes stagnations, strengthens the kidney. CV 4 - nourishes blood, supplements and nourishes the kidneys, strengthens the spleen, regulates the lower burner, BI 40 - clears heat, disperses dampness, removes channel obstruction, removes blood stasis
ADVICE GIVEN:	Continue medication (buprenorphine and meloxicam).
FOLLOW-UP:	Flam urinated in the transportation carrier on the way back home. He kept urinating during 24 hours without blood. But on the 5th of May, 48 hours after the acupuncture, he was again showing signs of dysuria and scanty urine. He came back for another session. I have done the same points and Lv 3 (calms the spirit, calms the spasms, regulates the lower burner). Since the 5th of May Flam was being able to urinate correctly. He changed diet, to humid food, and I last saw him one month after surgery, and he was alright.
REFLECTION ON EXPERIENCE:	Acupuncture showed really helpful to treat pain and spasm after surgery, since he was not responding to medical treatments. I should have used liver 3 in the first session to help with the qi stagnation and stress.

Case 8

PATIENT:	Arthur, French Bulldog male dog, 13 years old
DATE OF INITIAL PRESENTATION:	7/06/2018
HISTORY:	Arthur was diagnosed with right knee artrosis in June 2017 and with lymphoma on December 2017. His owners refused chemotherapy, They have been treating him with homeopathy and phytotherapy He was seen on the 4th of June with right hind limb pain and edema and bladder distention. Although he was treated with meloxicam and furosemide, the edema progressed and on the 6th of June he had edema on both hind limbs and he was not being able to walk, bladder atony and paralysis. A urinary catheter was used to empty the bladder. His owners refused euthanasia.
SIGNS/SYMPTOMS:	Normal appetite, drinks small quantities of water, incontinent, abundant clear urine, pale tongue, weak and empty pulse, hind limb and abdominal edema, loss of lumbar muscles, intermittent diarrhea, generalized weakness, pain in the right knee (which is hot and red). Sensation of emptiness on the back SHU after Bladder 17. Back Shu: sp, st, th, kd Kidney and spleen Yu points sensible.
WESTERN DIAGNOSTICS:	X rays: severe right knee arthritis, lumbar discospondylosis, bladder distention. Ultrasound: no masses seen, bladder distention. Anemia and hypoalbuminemia.
WESTERN DIAGNOSIS:	Final stage of lymphoma with generalized weakness and right knee arthrosis.
TCM DIAGNOSIS:	Severe spleen and kidney yang deficiency with cold dampness and false heat symptoms on the right knee due to Qi stagnation.
TREATMENT PRINCIPLE:	Give and move Qi. Disperse dampness.
TREATMENT GOALS:	Give Arthur some comfort in his final days.
PRESCRIPTION – POINTS USED AND WHY:	BI 20 -Strengthens the spleen function of transportation and transformation, disperses and transforms dampness BI 21 - Strengthens the stomach, disperses and transforms dampness, indicated problems in the lateral knee. BI 22 - disperses dampness, opens the waterways, regulates the transport of fluids in the lower burner. BI 23 - Disperses and resolves dampness, strengthens the kidney's function of regulating waterways, strengthens kidney Yang and Qi, opens waterways, regulates the transport of fluids in the lower burner, strengthens the lower back and knees: BI 28 - strengthens kidney Yang, regulates the passage of water in the lower burner, eliminates dampness, clear heat, supports the function of the urinary systems. Sp 9 - normalizes the spleen function of transportation and transformation, eliminates dampness.
ADVICE GIVEN:	Empty his bladder twice a day with an urinary catheter.

FOLLOW-UP:	<p>8/6/2018 Arthur walked at home, but he started to have blood in the urine: He was treated with bl 20, bl 22, bl 23, sp 9 and sp 6 (transforms dampness and heat as well as phlegm, strengthens the blood) we started doing acupuncture two times a week.</p> <p>25/6/2018 Arthur's hind limbs weren't edematous anymore. We stopped the diuretic. And kept acupuncture once a week till the 3rd august, when his owners went on holidays. They came back on the 27th of August, Arthur was so weak I estimated he had no more energy and I haven't done acupuncture: He was euthanized on the 31st of August.</p>
REFLECTION ON EXPERIENCE:	I think acupuncture was helpful to give Arthur more life quality at the end of his life.



Figure 1 - This is Arthur

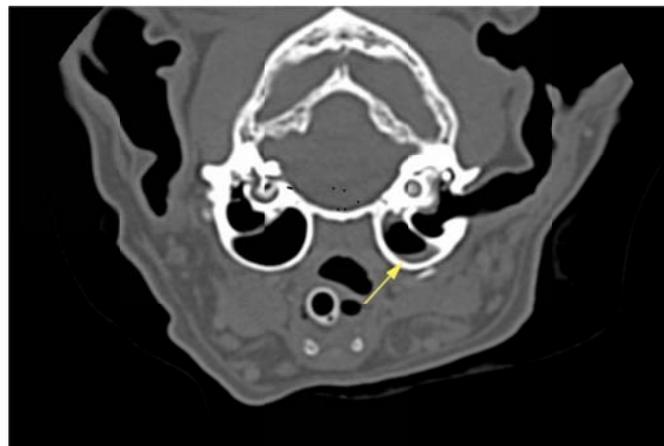
Case 9

PATIENT:	Guinness, Main Coon female sterilized cat, 7 years old
DATE OF INITIAL PRESENTATION:	27/06/2018
HISTORY:	On the 4th of may 2018 Guinness was seen for episodic loss of balance, weakness and horizontal nystagmus. Two days latter she had a permanent head tilt. A diagnosis of internal otitis was confirmed with an head scan. And she was treated with two weeks' antibiotic. Although she stopped having the episodic incoordination and nystagmus, she kept the head tilt.
SIGNS/SYMPTOMS:	Head tilt, painful stiff neck, normal spinal reflexes. YU and SHU of the liver slightly sensible.
WESTERN DIAGNOSTICS:	No other exams were done besides the head scan and the blood analyses done before.
WESTERN DIAGNOSIS:	Torticolis/sequels of the vestibular syndrome
TCM DIAGNOSIS:	Retention of wind in the muscles of the neck, with liver qi stagnation
TREATMENT PRINCIPLE:	Eliminate the wind, move liver Qi.
TREATMENT GOALS:	Treat neck pain and correct head tilt.
PRESCRIPTION – POINTS USED AND WHY:	GB20 - disperses internal and external wind, clears the sensory organs, supports the head, torticolis, Lv 3 - dispels internal wind, promotes smooth flow of liver Qi
ADVICE GIVEN:	No particular advice given
FOLLOW-UP:	Owner called the next day to say that Guinness was much better and was putting her head almost right. No further acupuncture session was done. I saw Guinness in September and her head kept in the correct position.
REFLECTION ON EXPERIENCE:	I wasn't expecting a recovery at all. I have done the acupuncture during the vaccine consultation and was surprised with the result. As it wasn't an acupuncture consultation I might have done a short Chinese examination and I think I missed a spleen or a kidney deficiency. I saw her again in November and I confirmed a kidney deficiency.

Figure 2 - MRI of Guinness

Case 10

PATIENT:	Bouba, male German Braque, 5 years old.
DATE OF INITIAL PRESENTATION:	20/10/2017
HISTORY:	Bouba has started to have epileptic seizures in march 2017 and started treatment with Pexion in June, but he continued to have several seizures per week. He has been suffering from otitis, periocular and perioral dermatitis since he was little. And he has intermittent left front leg pain since 2015.
SIGNS/SYMPTOMS:	Fire and wood dog. Red itchy eyes, nose and lips. Tongue large and red. Strong fast pulse. Strong muscles. Hot skin. Stressed and anxious. Yu and Shu heart, liver, gall bladder, spleen, stomach.
WESTERN DIAGNOSTICS:	Bouba has done a scanner of the head and left front limb that was normal. His blood analyses were normal, The hepatic-shunt tests were normal. Skin scrapings negative for demodex. Hypoallergenic dry food trial didn't improved Bouba skin problems.
WESTERN DIAGNOSIS:	Epilepsy, atopy and no diagnosis for the front limb pain.
TCM DIAGNOSIS:	Yang excess, specially liver yang, with fire and wind symptoms, and probably Jing deficiency.
TREATMENT PRINCIPLE:	Clear wind and Yang, tonify Yin and blood.
TREATMENT GOALS:	Stop seizures and help the skin problems



<p>PRESCRIPTION – POINTS USED AND WHY:</p>	<p>Ht7 - clears heat and fire, calms the Shen and the heart by strengthening heart blood and heart yin Liver 3 - calms liver yang, calms liver excess, dispels internal wind, calms the spirit, calms spasms, nourishes liver blood, clears the head and the eyes GB 20 - disperses internal heat, clears the mind GB 34 - supports the smooth flow of liver qi, indicated for muscles contractions and spasms. Spleen 6 - transforms phlegm heat, calms the spirit, strengthens the blood Kidney 6 - nourishing kidney yin, causes the yin qiao mai to bring yin energy to the eyes, cools blood, calms the spirit.</p>
<p>ADVICE GIVEN:</p>	<p>Try home made food.</p>
<p>FOLLOW-UP:</p>	<p>27/10/2017 Bouba didn't have seizures during one week, for the first time after a long time. The pulse was still very strong, I have done the same treatment, besides kidney 6. 7/11/2017 Bouba had several seizure in one day. Phenobarbital was added to his medication. As he was seen by a colleague, acupuncture was not done. 28/12/2018 Bouba was doing one seizure per week, his pulse had become more profound, the tongue was pale and the skin dry. Medication and yang excess were attacking the blood and the Yin. He was put under Chinese herbs (Pinellia and armillaria comb) and for several months he didn't had any crises. Medication has been reduced. We has redone crises in the autumn 2018.</p>
<p>REFLECTION ON EXPERIENCE:</p>	<p>This is quite a complicated case as the dog was resistant to all the medication. I think I should have insisted in more acupuncture sessions, but I wasn't sure if they were being helpful, as after the acupuncture session I still felt the dog really hot.</p>